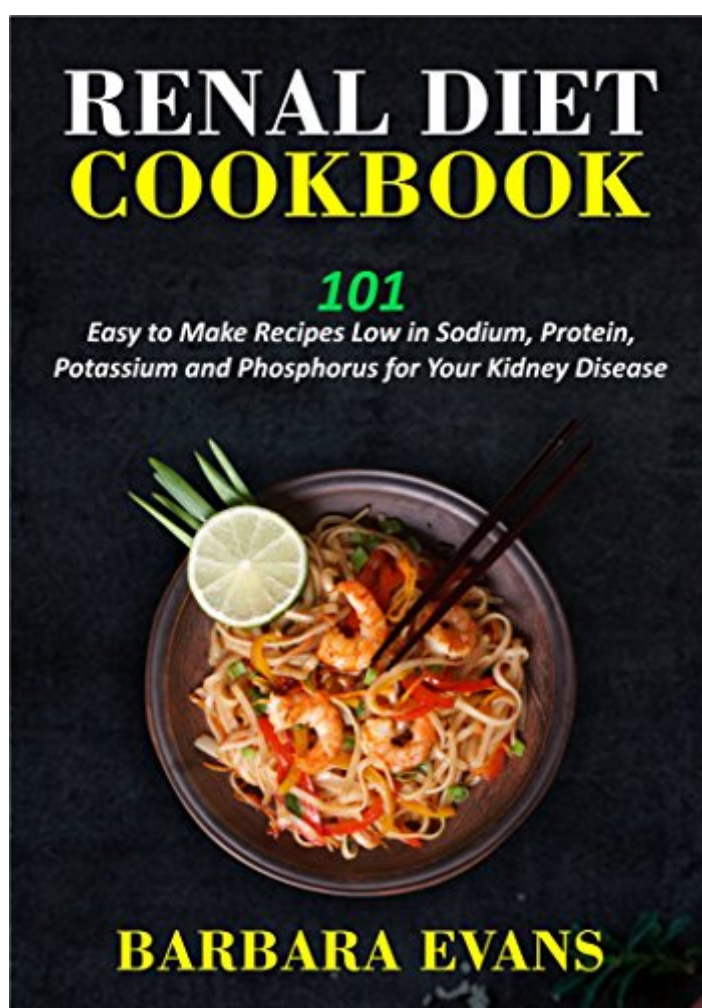


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# Renal Diet Cookbook: 101 Easy To Make Recipes Low In Sodium, Protein, Potassium And Phosphorus For Your Kidney Disease



## Synopsis

Regular price \$7.99 Now Only \$2.99 This Exclusive Discount Offer Ends at Midnight. Act now. You must have a diet that consists of foods that manage your Chronic Kidney Disease. The recipes throughout this book contain all nutritional information that you need, including: Protein, salt, potassium, phosphorus, etc...Early on in your kidney disease limited diet may be appropriate, but later into it your doctor may recommend to limit potassium, phosphorus, and other nutritional minerals. Talk to your doctor about what your kidney disease requires you to limit. Scroll up and Click [Add to Cart](#) • Now.

## Book Information

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## Customer Reviews

The author spoke very clearly about the kidney disease and the diet care we should take. This book is also a valuable resource for those of us who need to watch our intake of specific foods or minerals, such as sugar, potassium, sodium and phosphorus. It can also help readers lose weight, which is always a good thing. I love that I can make these recipes without feeling guilty about going

against my dietitian's wishes for me to be careful with what I eat.

Helpful recipes for all! I just went through this book and I could not help but imagine just how much one has to do to stay healthy. You cannot really do everything, in the end there is cancer, heart disease, kidney disease and so much more to worry about. Am not very much into the diet thing, am simply in for the delicious recipes. Really worth recommending!

My health required a specifically low amount of PHOSPHORUS grams per day. These recipes NEVER listed phosphorus, but instead listed other micro-nutrients. WASTE OF MY TIME AND MONEY! I returned the book. The cover lists "Sodium, Protein, Potassium and Phosphorus" as the micro-nutrients measured. Recipes indicate gr/mg of Sodium, Protein, Potassium but NEVER phosphorus. My time is valuable! I wasted it in repackaging and returning to get my full amount back to my payment method.

I read the reviews on this book before ordering it and was super excited. When I received it, it was quite the opposite. The recipes were tasteless and trivial. Most were bland and without any creativity. You will do better looking things up on line. Don't waste your money!

Nothing that helps.

Renal Diet helpful to maintain blood pressure, so i get this book for specially for uncle and also my whole family. This book has awesome delicious recipes which are delicious along with a perfect treatment of sugar and blood pressure control thanks.

The book provides valuable information on what foods are high in potassium with the list of low, medium and high. The recipes are intriguing and I have found several tasty options. My only issue is the incomplete menus, only the primary dish, not what to eat with it.

This book gave me some good ideas for my daughter in law who is on dialysis. Helped us loose weight.

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Kidney Stones with Low Sodium and Low Potassium Recipes for Healthy Kidneys (photos + nutritional information of every recipe!) The Complete Renal Diet Cookbook: 150 Delicious Renal Diet Recipes To Keep Your Kidney's Healthy (The Renal Diet & Kidney Disease Cookbook Series) Ideal Protein Diet Cookbook: Your Ideal Protein Nutrition Plan for Perfect Fitness and Wellness (Ideal Protein Diet, High Protein Diet, Perfect Protein Diet, Lose Weight, Protein Diet Plan) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) Low Sodium Cookbook: Enjoy The Low Sodium Diet With 35 Tasty Low Sodium Recipes (Low Salt Diet) (Low Salt Cooking Book 1) The Complete Renal Diet Cookbook: 150 Delicious Renal Diet Recipes To Keep Your Kidneys Healthy (The Renal Diet & Kidney Disease Cookbook Series) Low Potassium Diet Cookbook: 85 Low Potassium & Healthy Homemade Recipes for People with High Potassium Levels in Blood (Hyperkalemia) Renal Diet Cookbook: The Low Sodium, Low Potassium, Healthy Kidney Cookbook Low Carb: 365 Days of Low Carb Recipes (Low Carb, Low Carb Cookbook, Low Carb Diet, Low Carb Recipes, Low Carb Slow Cooker, Low Carb Slow Cooker Recipes, Low Carb Living, Low Carb Diet For Beginners) Renal Slow Cooker Cookbook: 50 Delicious & Hearty Renal Diet Recipes That Practically Cook Themselves (The Renal Diet & Kidney Disease Cookbook Series 1) Renal Slow Cooker Cookbook: 50 Delicious & Hearty Renal Diet Recipes That Practically Cook Themselves (The Renal Diet & Kidney Disease Cookbook Series) Low Carb Diet: Introduction To Low Carb Diet And Recipes Of Low Carb Soups And Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Kidney Diet Cookbook for Two: 68 Simple & Delicious Kidney-Friendly Recipes For Two (The Kidney Diet & Kidney Disease Cookbook Series) Dash Diet: Top 45 Dash Diet Slow Cooker Recipes Rich in Protein, Fiber, Magnesium, Potassium, And Calcium (Dash Diet, Dash Diet Slow Cooker, Dash Diet ... Slow Cooker Recipes, Dash Diet Cookbook) Low Carb: Low Carb High Fat Diet - How to Lose 7 Pounds in 7 Days with Low Carb and High Protein Diet Without Starving! (low carbohydrate, high protein, ... carb cookbook, ketogenic diet, paleo diet) Chronic Kidney Disease: The Essential Guide To CKD - Learn Everything You Need To Know About Chronic Kidney Disease (Chronic Kidney Disease, Kidney Stones, CKD) Low Carb: Low Calorie Cookbook: 200 High Protein Recipes for Weight Loss, Muscle Building, Healthy Eating and Increased Energy Levels (Low Carb High Protein ... Low Carb Cookbook, Low Carb Diet Book 1) The Kidney Health and Renal Diet Cookbook for Beginners: 50 Hand Picked Meals for Patients With Kidney Disease (Andrea Silver Kidney Health)

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